



# COMMUNITY NEWS & VIEWS

Volume 5, Issue 6

100 Fireside Blvd., Toms River, NJ 08755

September 2022

**September  
2022**



# MANAGEMENT TEAM

Renee M. McNally – Executive Property & Sales Manager  
 Laura N. Lanzone – Assistant Property & Sales Manager  
 Donna Pabon – Office Assistant

**OFFICE: 732-370-2300**

**FAX: 732-370-0694**

**www.homesteadrun.com**

**sales@homesteadrun.com**



## CLUB OFFICERS

### WOMEN'S CHARITY CLUB

President	Shirley Knapp	732-619-1028
V. President	Veda Wyckoff	609-259-0683
Treasurer	Karen Toslu	732-994-1175
Secretary	Janet Furchak	908-420-2673
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### SOCIAL CLUB

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## SUDOKU

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	9	2					8	
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6				4	8			1
	2		6			9		

**SOLUTION ON PG 14**



Never Forget

9/11/2001

# **Best wishes to those celebrating birthdays in September!**



Theresa W, Robert R, Diane R, Frank N,  
Stanley K, Kenneth J, Maria B, Raul L,  
Kathleen B, Barbara L, Robert M, Mary A,  
Marcia S, Stephen L, Sally M, Farrah S, Irfan  
S, Evelyn L, Mary P, Susan M, Clifford K,  
Alexis P, Patricia K, Miriam I, Fred F, Donna D,  
Diana I, Marina I, Linda M, Guy C, Victoria C,  
Francis P, Kathleen C, Mildred O, Beth W,  
Michael P, Marion B, Charí B, Cynthia D,  
Raymond D, and Vincent B

**Nothing feels  
better than  
coming Home**


Michele F & Patrick J




# RENEE'S REMINDERS


## TENANT'S RESPONSIBILITIES


In an effort to maintain a five-star reputation, the owners of Homestead Run and the Business Office will be publishing a series of reminders and modifications to standard lease, rules, and regulations. This column will be called Renee's Reminders, and Renee means business!


 The pool is now closed, and anyone who knows me knows I'm doing my happy dance. Included in my dance was Laura who is now all knowing as to why I hate it. True to form, the bullies were there. The aggressors were there. The pool chiefs were there. The amorous couples were there (who should get a room), and everything, of course, was the lifeguard's fault. Heads up, people – new rules for next year are coming.

 By the way, as per the lease, your driveway is not an auto shop. Maintaining your car, repairing it, blocking it, etc. is not permitted. And what's with all of these school bus conversions? Not allowed, people. Get them out of here. If we see them and notify you, you have three days to get them out, or we tow them at your expense.



 Let's talk about taking it upon yourself to construct or alter the outside of your home, lot, and anything else outside before talking to the Business Office. Be aware – you do something you're not supposed to (such as adding onto your home), you may be told to take it down by both the Business Office and Toms River Township. For example, coating your driveway is not allowed. If you do it, you become the maintenance department for that driveway. If it cracks, you fix it. If you paint your house sky blue pink or we can see it from space, you will have to repaint it with an approved color. Keep it simple and call us.

 Summer is on its way out, and fall is coming in. Critters get cold, too. Make sure your skirting is closed. Make sure your lots are clean. Critters love leaves that sit along the outside of your home.

 Lastly, the same complaints about people speeding, not picking up after their dogs (or themselves), parking on the sidewalks – you know better. Do the right thing!

## Adjust your sails

Next to my large bedroom window, I have wooden signs hanging. The signs all contain messages that mean something to me. Some, I've purchased myself, and others, I've been gifted. I use them as reminders, and let's face it – we all need reminders sometimes. Some may call them Pearls of Wisdom. Some may think of them as inspiration. I'd been looking for something to say, something to share with you. I always try to find value to pass on, something that will settle just right. Oprah used to call them “a-ha moments,” and I like that. I like a good “a-ha moment.”

So often, we find ourselves waiting for the right time to do something. We may not make a change that we've been wanting to make due to fear, to not having the right conditions, but what's right? How do we know? We know we're never promised a new day. We know we're never promised the next moment, and sometimes, we feel helpless. There are moments when the crap really hits the fan, and then, what do we do? How do we navigate those waters with grace? How do we take a much needed breath? What's our next move? What's the play to make? How do we find peace amidst it all?

If I've learned anything over the years, I've learned there's never a right time. It's so rare that the stars align. It's so rare that an answer is clear. Leaps of faith are required from time to time, and just the same, a shift in perspective is sometimes the only thing that'll push us forward when we need it most.

My pearl, hanging beside my bedroom window, is one I look at often. Even when I don't particularly care to look, the sun will shine just right. If not that, the breeze will move my curtains, drawing attention to what should be apparent. The message is in me. I know it well, though being human, needing a nudge can be necessary.

"LIFE ISN'T ABOUT WAITING FOR THE WINDS TO CHANGE; IT'S ABOUT LEARNING TO ADJUST YOUR SAILS."

If you're in a storm, Homestead, I ask you to not wait for the winds to change. If you're at a crossroads, make the choice. Feel the movement. Take the chance. I had a conversation with a friend recently about making a leap when something was scary. I remembered a quote I had at my prior job. There, I felt drained. I felt taken advantage of. Because I was good at what I did, I was expected to do everything. The quote on the background of my computer said “if you want to fly, give up everything that weighs you down.”

And I did.

I was scared. The timing wasn't right. We were at the start of the pandemic. Everything was uncertain, but I adjusted my sails and landed at Homestead Run. I had my Oprah “a-ha.” I hope you have yours, too.



Until next time,

*Laura Lanzone*

([LLANZONE@HOMESTEADRUN.COM](mailto:LLANZONE@HOMESTEADRUN.COM))



## See how much you could save by making your home more energy-efficient.

New Jersey Natural Gas (NJNG) is committed to helping you save energy and money. Weatherization is an important first step to improving the efficiency and comfort of your home. And we realize you may need a little help getting there. That's why we created the Home Weatherization for Income-qualified Customers Program from The SAVEGREEN Project®.

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The program starts with a FREE\* home energy assessment by a certified contractor to identify energy improvements in your home that can help you save energy and money – all year long. These efficiency-enhancing measures can include insulation, air sealing, duct sealing and other energy-saving measures.

### QUALIFICATIONS FOR FREE WEATHERIZATION INCLUDE\*:

Meet the moderate-income qualifications or participate in the NJ SHARES Program, have an active NJNG residential heating account in your name, and own your home for a minimum of one year.

**Thank you for choosing New Jersey Natural Gas.**

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*The SAVEGREEN Project Team*



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or visit **[njngsavegreen.com/weatherization](https://njngsavegreen.com/weatherization)** to learn more.

AD-6440

\*Terms and conditions apply. See [njngsavegreen.com/weatherization](https://njngsavegreen.com/weatherization) for complete terms and conditions and for a full list of qualifications.

# MONDAY NIGHT BINGO

WOMEN'S CHARITY CLUB PRESENTS



Game begins at 7pm  
sharp!

Refreshments  
available for purchase.

**SEPTEMBER 12, 19, & 26**

CONTACT DONNA TO RESERVE

**YOUR SPOT!**

**732-657-5302**



Homestead Run Community

# FALL YARD SALE

Saturday, September 24th  
9am-3pm

*Rain or Shine*

*No charge to participate, but you must register to be added to the map.*

*Call the Business Office  
732-370-2300*





  
*Parx Casino*

**BUS TRIP**  
**WEDNESDAY, SEPTEMBER 14TH**

**\$35.00 PER PERSON**  
**CHECKS PAYABLE TO HOMESTEAD RUN SOCIAL CLUB**

**CONTACT**  
**EILEEN 908-812-9304**  
**PAT 732-703-8278**

**Bus leaves at 10am sharp.**

# BANNED FROM COSTCO

*Vinnie Boombots*  
*ItsMySoapBox.com*

Yesterday I was at my local Costco buying a large bag of Purina dog chow for my loyal pet, Jake, the Wonder Dog. I was in the check-out line when a woman behind me asked if I had a dog.

What did she think I had an elephant? So because I'm retired and have little to do, on impulse I told her that no, I didn't have a dog, I was starting the Purina Diet again. I added that I probably shouldn't, because I ended up in the hospital last time, but that I'd lost 50 pounds before I awakened in an intensive care ward with tubes coming out of most of my orifices and IVs in both arms.

I told her that it was essentially the Perfect Diet and that the way that it works is, to load your pants pockets with Purina Nuggets and simply eat one or two every time you feel hungry. The food is nutritionally complete so it works well and I was going to try it again. I have to mention here that practically everyone in line was now enthralled with my story.

Horrified, she asked if I ended up in intensive care, because the dog food poisoned me. I told her no, I stepped off a curb to sniff a poodle's butt and a car hit me.

I thought the guy behind her was going to have a heart attack he was laughing so hard.

Costco won't let me shop there anymore. Better watch what you ask retired people. They have all the time in the world to think of crazy things to say.



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# LEMON CHICKEN & RICE

*Submitted by: Renee Stanzione*

A cool easy meal that you could put on the table in a hurry as summer winds down!!

## INGREDIENTS

- 2 tablespoons butter
- 1 pound boneless skinless chicken breasts, cut into strips
- 1 medium onion, chopped
- 1 large carrot, thinly sliced
- 2 garlic cloves, minced
- 1 tablespoon cornstarch
- 1 can (14-1/2 ounces) chicken broth
- 2 tablespoons lemon juice
- 1/4 teaspoon salt
- 1 cup frozen peas
- 1-1/2 cups uncooked instant rice



## INSTRUCTIONS

1. In a large cast-iron or other heavy skillet, heat butter over medium-high heat; saute chicken, onion, carrot and garlic until chicken is no longer pink, 5-7 minutes.
2. In a small bowl, mix cornstarch, broth, lemon juice and salt until smooth. Gradually add to skillet; bring to a boil. Cook and stir until thickened, 1-2 minutes.
3. Stir in peas; return to a boil. Stir in rice. Remove from heat; let stand, covered, 5 minutes.



# Line Dancing

Thursdays  
1pm @ the Clubhouse

**BEGINNING SEPTEMBER 8TH**

**\$8 PER CLASS  
OR  
\$25 PER MONTH**

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## PUZZLE SOLUTION

2	1	7	3	6	5	8	4	9
9	6	3	1	8	4	7	2	5
8	5	4	9	7	2	6	1	3
4	9	2	5	3	6	1	8	7
3	8	1	4	2	7	5	9	6
5	7	6	8	1	9	4	3	2
7	4	5	2	9	1	3	6	8
6	3	9	7	4	8	2	5	1
1	2	8	6	5	3	9	7	4



*2nd  
Annual  
Italian/American  
Dinner*

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CHARITY CLUB**

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**CHOOSE**

*Italian*

*Stuffed Shells, salad, & bread  
Mini Cannoli*

OR

*American*

*Meatloaf, mashed potatoes,  
veg, & applesauce  
Mini cheesecake*



Friday, Sept. 23rd  
6pm at the Clubhouse

**\$15 per person**

**FOR TICKETS,  
CALL SHIRLEY 732-619-1028  
OR RENEE 732-370-2300**

# cold *or* flu?

## SIGNS AND SYMPTOMS



### IS IT *a* COLD?

WHAT CAUSES THE COMMON COLD?

- 10%-40%  
by the rhinovirus
- 20%  
by the coronavirus
- 10%  
by the syncytial virus



More than 200 viruses can cause the common cold.



TREATING COLD SYMPTOMS

- REST
- OVER-THE-COUNTER MEDICATIONS
- DRINKING CLEAR FLUIDS



### IS IT *the* FLU?

WHAT CAUSES THE FLU?

- influenza virus  
Type A, Type B, Type C
- highly contagious  
spread by air or coming in contact with another infected person



Lingering symptoms may signal pneumonia.

TREATING THE FLU SYMPTOMS

- REST
- DOCTOR PRESCRIBED ANTIVIRAL MEDICATIONS
- DRINKING CLEAR FLUIDS



PRESBYTERIAN  
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Data obtained from The Mayo Clinic and The Centers for Disease Control and Prevention.

PresbyterianSeniorLiving.org

# Directory

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1520 Washington Avenue, Neptune, N.J. 07753  
888-637-3200



# HOMESTEAD RUN CALENDAR

## SEPTEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Office Hours are Monday-Friday from 9:00AM-5:00PM.</b>				1	2  (GARBAGE PICK UP) 	3
4	5 <i>Office Closed</i>  <b>LABOR DAY</b>	6  (RECYCLE PICK UP) 	7  Social Club Meeting, Club house 6:30pm	8  Line Dancing 1pm	9	10  (GARBAGE PICK UP) 
11  <b>PATRIOT DAY</b>	12  Women's Charity Club Bingo 7pm	13	14  Parx Casino Bus Trip 10am	15  Line Dancing 1pm	16  (GARBAGE PICK UP) 	17
18	19  Women's Charity Club Bingo 7pm  (RECYCLE PICK UP) 	20  Women's Charity Club Meeting, Clubhouse 6:30pm	21	22  Line Dancing 1pm	23  Women's Charity Club Italian-American Dinner 6pm  (GARBAGE PICK UP) 	24  <b>Fall Yard Sale 9am - 3pm</b>
25	26  Women's Charity Club Bingo 7pm	27	28	29  Line Dancing 1pm	30  (GARBAGE PICK UP) 	